



Tips for Reducing Dependence on Plastic Bags

- 1) Get in the habit of using your own reusable bags. Looking for a place to start? Be sure to check out ConservingNow's shop page for bags that match your lifestyle and daily needs! Also, be sure to put a ConservingNow free car window static cling reminder on your car. Not only will it help you remember your bags but it will inform others of your commitment to the environment.
- 2) Have plastic bags at home? Reuse or recycle them! Plastic bags make great garbage can liners. Take them to your local park or dog park and donate them to the dog park users. Return them to your local grocery store for recycling! Be sure to check out our plastic bag recycler – which makes recycling your bags easy to do!
- 3) Make a note of the stores that offer a cash credit for bringing your bags and make it priority to shop in those stores.
- 4) Tell your friends and family! Its so important that we all do our part, and your friends and family will love hearing about your pledge to reduce plastic bag consumption and they will certainly be inspired to make the change themselves.
- 5) Get your family to look at how many plastic bags are used in your household for one week. ConservingNow has a free household survey to help you understand how many plastic bags your family is using in a given month. Are you recycling your plastic bags? Did you remember to bring your own bags? Are you reusing your plastic bags? Visit ConservingNow's Teach the Children page for more tips and information to make the choice as a family to reduce plastic bag consumption.
- 6) Spread the word to cashiers and store owners about your refusal to accept plastic bags. It only takes a second to refuse a plastic bag and to politely remind the cashier (and anyone else in line) that plastic bags are bad for the environment.
- 7) Plastic bags are not just the bags we get when we are shopping. Considering bringing your own produce bags in addition to bringing your own shopping bags.
- 8) Use reusable bags for all your shopping, not just grocery shopping.

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